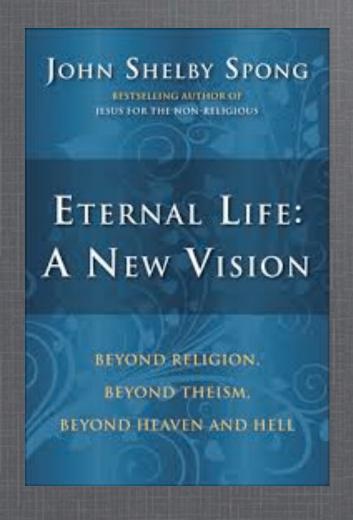
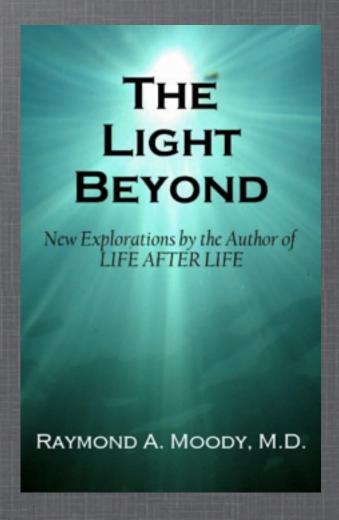
MEETING DEATH WITH HOPE AND UNDERSTANDING



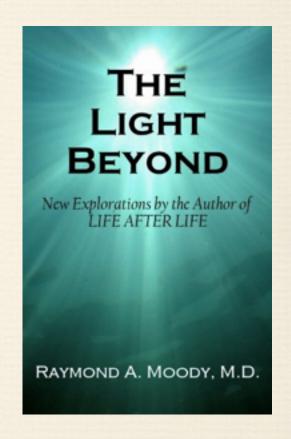
A bookstudy
AC'TS
St David's
United
Church
Calgary



Internet Page: death.stdavidscalgary.net

Meeting Death with Hope and Understanding Session 3

- Opening
- Review Ch 3 "Children and NDEs"
- Review Ch 4 "Why, NDEs Intrigue Us"
- * Review Ch 5 "Why the NDE Isn't Mental Illness"
- Video: Becky Hawkins 30 yrs of Hospice Work
- * Break
- Discussion
- Closing



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- "When individuals have an NDE at a very early age, it seems to get incorporated into their personality. It is something they live with all their lives and it changes them. No longer are they afraid of death the way their peers are."
- These insights make them very sensitive and mature people who approach life in an unusually mature way. They will frequently express a nostalgia for the experience down through the years.

- Adult Fear of Death
 - Obliteration of consciousness
 - The pain that often accompanies dying
 - Being cut off from friends and family
 - Hellfire and damnation
 - Loss of control.
 - Dismemberment

- Children's Fear of Death
 - Not the same as adults, not acculturated yet
 - Death seen as temporary, something to return from
 - Death is magical concept
 - Death seen by very young as lurking monster to run from

- Children's that experience NDEs
 - Don't seem to develop adult fears
 - Speak fondly of their experience
 - Form attachments to those they meet
 - Become kinder
 - "Tunnel Panic" may result as in play tunnels
 - experience "meshes" with religious training
 - may experience NDE as an adult

Herzog of Boston - "[There is a] need for immediate understanding, comfort, and reassurance by the doctors and parents of an NDE. 'Helping the child express his emotions and understand his reactions to past traumatic events will allow him to resolve earlier fears and past trauma.'"

- Morse of Seattle "religious background doesn't alter the core experience, only the interpretation of the experience."
- Morse, 1985 Study, 4 of 7 children in critical care experienced NDE; later study: 11 of 202.
- Morse in later study of 202 ill children. No NDE from non-critical cases. NDE from 7 of the 11 that survived critical illness.

Meeting Death with Hope and Understanding

Moody Ch 3 - Children and NDE's: Meeting the Guardian Angel Some drawings made by children that had NDEs.



- "We human beings have spent our lives laying down boundaries. We are far more prepared to deal with death than a seeming return from it."
- "The line between life and death is the most worrisome of all. ... We try to keep thoughts of death out of our consciousness ... It is this dividing line between life and death that is challenged by the NDE."
- "NDEs intrigue us because they are the most tangible proof of spiritual existence that can be found. They are truly the light at the end of the tunnel."

- "Are NDEers ever really dead?'—is a difficult one to answer. Many times resuscitation attempts have been stopped because the doctors could detect no vital signs. Other times, EEG monitors attached to the brain registered straight lines, which means there is no recordable sign of brain wave activity. Yet sometimes these people return, and no one in medicine can really say why."
- "Technically speaking, NDEers are never really dead, but they are much closer than most of us have ever been

- Our spiritual body seems similar but not clearly like our earthly body.
- "In short, [NDEers] think that God is a much more magnanimous being than they previously thought, and that denominations don't count."
- NDE appears in our art, literature and movies.
- Traumatic events (war, danger) can result in OBE, flashbacks or time stretch but are not the NDE of the dying person.

- "The deepest grief of all is the death of a loved one.
 For many, that grief is greatly relieved by accounts of near-death experiences."
- Suicide survivors. NDEers do not try again. Telling others about NDE helped keep them from trying again.
- "If we were to open up a new dimension by proving life after death, it would revolutionize science by introducing other dimensions to study scientifically than the ones we know."

■ There is also mention of the afterlife in the Bible, where Paul describes the type of body we will have in the other world:

"There is a natural body, and there is a spiritual body.... Behold, I show you a mystery: We shall not all sleep, but we shall all be changed. In a moment, in the twinkling of an eye, at the last trumpet: for the trumpet shall sound and the dead shall be raised incorruptible." 1

Corinthians 15:35–52

Meeting Death with Hope and Understanding Moody Ch 5 - Why the NDE Isn't Mental Illness

- "... many doctors and medical personnel aren't sympathetic to NDEers because they don't know how to cope with nor are they receptive to them. Many of the NDEers I have talked to over the years told me that their doctors advised them to ignore their experience."
- " For many medical professionals, an NDE is a sign of insanity."
- NDEers are aware they would be called "crazy".

Meeting Death with Hope and Understanding Moody Ch 5 - Why the NDE Isn't Mental Illness

- "Although many NDEers hear voices during their episode, the voices are coherent words, not indecipherable gibberish."
- "NDE tends to be a growth experience, one that leads to a greater degree of joy and fulfillment. Psychotic experiences tend to go just the other way, into depression and despair."

Meeting Death with Hope and Understanding Video

"Excerpts - Becky Hawkins @ NHNE Sedona 2012"

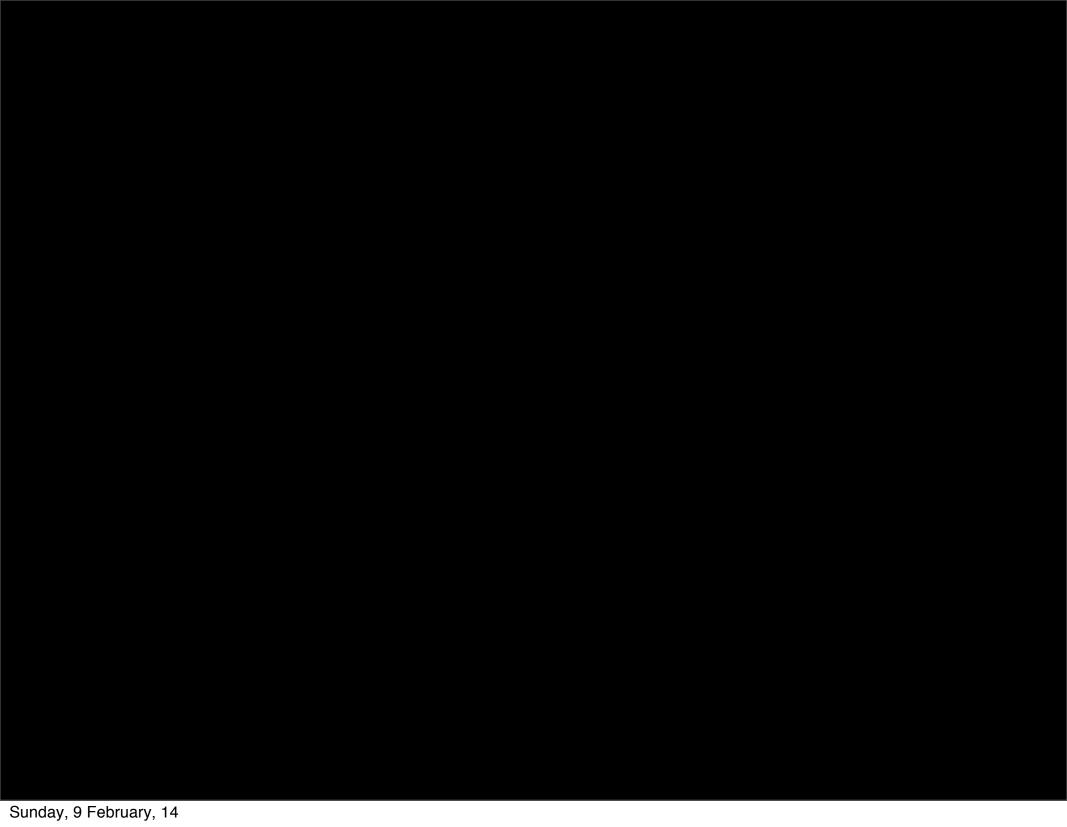
A Nurse Shares 30 years of Work in Hospital and Hospice.

Excerpts Link:

http://youtu.be/-nfNwhLAjTA

Full 1 hour program link:

http://www.youtube.com/watch?v=kl5cu1H4Hss



BREAK



Meeting Death with Hope and Understanding

Discussion Questions

- What do NDEs tell us about the old question about the difference between religion and spirituality?
- How do ND Experiences differ from "Craziness"?
 (hallucination, schizophrenia, psychosis,)

